Welcome



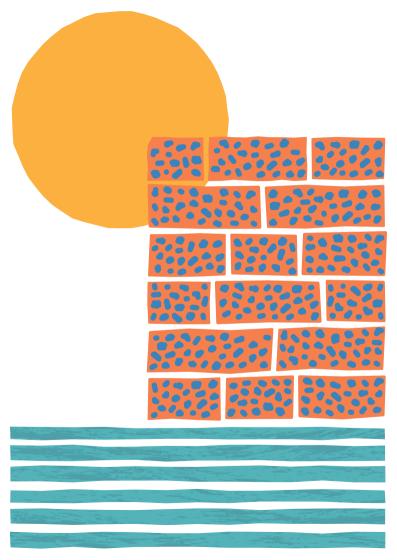
Welcome to Arnolfini! You can use these cards to engage with the space and the artwork around you.

Do what you can and what interests you. You can do it by yourself, with a friend, or lead a group.

Once you are finished playing and exploring, please return the cards so other people can enjoy them too!

We hope you enjoy your visit.





Arriving



Close your eyes
Breathe in, breathe out,
breathe in, breathe out,
breathe in, breathe out

Stomp your feet

Roll your shoulders

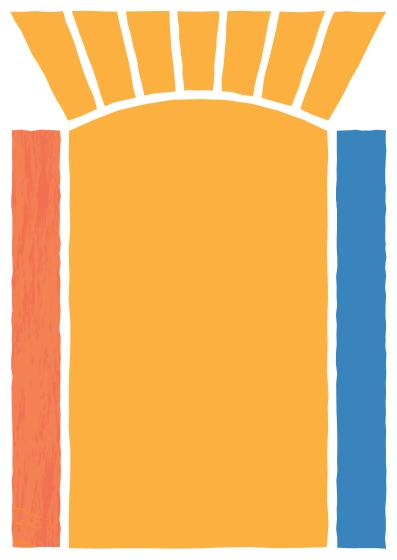
Tap your face

Make a sound with your voice

Pull a face

How do you feel right now?
What can you smell?
What can you hear?





Looking

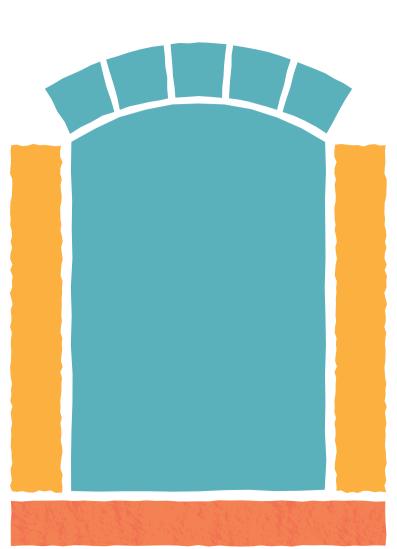


Choose a work that is interesting to you

Look at it closely
Look from afar
Look at it umop əpisdn
Look through binoculars made
with your hands

Have you noticed anything new? What does it remind you of? Do you still find that work interesting? What are other people looking at?



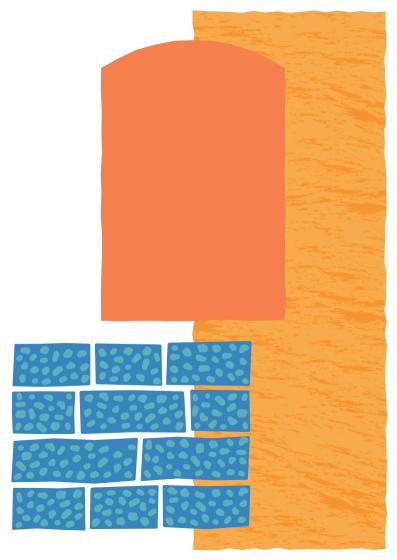


Listening



- Ooes the work have a sound If so, what does it remind you of? If not, what would it sound like? What would the artwork say?
- Make the artwork sing Can you repeat somebody else's sound?





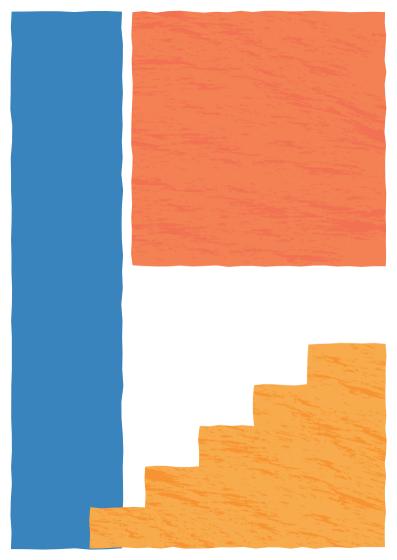
Exploring



Can you find...

something shiny? something soft? your favourite colour? something hidden? something related to nature? something that reminds you of home? something that reminds you of a memory? something that makes you laugh? something that reminds you of someone? someone you would like to be friends with?

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Sharing Comments

Share with someone that you are with:

something that you saw something that you heard something that you found an artwork you found interesting

- Choose a word from the box to share how you felt today.
- Pick an object from the box. Can you find a connection between an artwork and your object?



